

CONTRA-INDICATIONS

OXYGENATING POD

NEVER TREAT

Open wounds, active infections or skin inflammation including acne
Very fragile, thin or sensitised skin

RF SKIN TIGHTENING

NEVER TREAT

Pregnancy or breastfeeding
Pacemakers or internal defibrillators
Epilepsy
Severe or uncontrolled diabetes
Blood clotting disorders
Open wounds, active infections or skin inflammation
History of keloid scarring
Allergies to Electroplated Chrome

GP LETTER

Cancer
5 years clear or in remission
Diabetes
High blood pressure
Autoimmune disorders/
Immunosuppressants
Kidney/Liver disorders
Heart conditions
Stroke

AVOID

Skin conditions – eczema or psoriasis

AVOID

Isotretinoin (Accutane) wait at least 6 months
Tretinoin (Retin A) – wait 3–6 months
Botox wait 2 weeks or as advised
Fillers wait 2–4 weeks or as advised
Skin conditions eczema, psoriasis or rosacea (dependant on severity)
Very fragile, thin or sensitised skin
Metal implants
Vascular disorders
Thyroid conditions
Blood thinners/Anti-coagulants/Antibiotics/Anti-inflammatory medication

CONTRA-INDICATIONS

MICROCURRENT GRIPTEC & INFUSION ATOMISER

NEVER TREAT

Pregnancy
Pacemakers or internal
defibrillators
Epilepsy
Tumours
Open wound, active infections or
skin
inflammation
Allergies to Electroplated Chrome

GP LETTER

Heart conditions
Diabetes
Severe muscular
conditions
Cancer
5 years clear or in
remission
Thrombosis/Phlebitis
Stroke

AVOID

Botox/Thread lift Avoid area for 3 months
Injectables - wait 1-2 weeks or as advised
Metal pins/plates/prothesis/silicone
implants
Thyroid conditions
Isotretinoin (Accutane) - wait at least 6
months
Tretinoin (Retin A) - wait 3-6 months

OTHER

High blood pressure medication
and Anti- depressants
Multiple Sclerosis

FPL PHOTO REJUVENATION

NEVER TREAT

Pregnancy or breastfeeding
Pacemakers or internal defibrillators
History of skin cancer
Photosensitive conditions (e.g.Lupus,Porphyria)
Open wounds, active infections or skin
inflammation
Fitzpatrick V-VI
History of keloid scarring
Epilepsy

GP LETTER

Cancer
5 years clear or in remission
Diabetes
High blood pressure
Autoimmune
disorders/Immunosuppressants
Kidney/Liver disorders
Blood clotting disorders/blood thinners

AVOID

Skin conditions eczema, psoriasis or herpes simplex
Very fragile, thin or sensitised skin
Injectables wait 1-2 weeks or as advised
Avoid tattoos and permanent makeup
Use of photosensitising medications (e.g. Accutane within 6
months, certain antibiotics, retinoids/retinol, antihistamines,
antidepressants, NSAIDs, diuretics, Amiodarone, St Johns Wort etc)
Moles
Thyroid conditions